MOOSE TRAX

Altitude Elementary School 27300 E. Southshore Dr. Aurora, CO 80016



Attendance: 720.886.4395 Main Office: 720.886.4300

Fax: 720.886.4388

Dear Parents,

Our students are exposed to many things on the news and in the world of social media. Elementary age students often feel that everything they see on a screen is real. Developmentally, they do not have the ability to weigh the pros and cons of what is real or not real when it comes to the media on television or the internet. The sheer amount of information our elementary school students are exposed to can be too much for some of them to comprehend, let alone bear the burden of. It is very important that parents help them navigate this world. Limiting exposure is one way to do this, but since information is so prevalent in society, it is important to discuss that everything you see and hear is not always real or important. We are seeing more and more of our students taking information they are exposed to via social media, the internet, or on the news and think that it is true, real, and in some fashion detrimental to them. Often times this exposure can lead to thoughts and feelings that our children do not know how to handle or process. As parents and teachers, it is very important to be aware of these feelings our children are having, and help them develop tools and strategies to dismiss the negative and focus on the positive.

Here is an excerpt from, "Teaching Kids to be Smart about Social Media" from the Kids Health website.

What Parents Can Do

It's important to be aware of what your kids are doing online, but prying too much can alienate them and damage the trust you've built together. The key is to stay involved in a way that makes your kids understand that you respect their privacy but want to make sure they're safe.

Here are some helpful hints to share with connected kids:

- Be nice. Mean behavior is just as unacceptable in the virtual world as it is in the real world. Make it clear that you expect your kids to treat others with respect and courtesy, and to never post hurtful or embarrassing messages about others. And ask them to always tell you about any harassing or bullying messages that others may post.
- Think twice before hitting "enter." Remind teens that what they post can be used against them. For example, letting the world know that you're off on vacation or posting your home address gives would-be robbers a chance to strike. Teens also should avoid posting specific locations of parties or events, as well as phone numbers.
- Follow the "WWGS?" (What Would Grandma Say?) rule. Teach kids that "once it's out there, you can't get it back." They shouldn't share anything on social media that they wouldn't want their teachers, college admissions officers, future bosses — and yes, grandma — to see.
- Use privacy settings. Privacy settings are important, and to highlight their importance, go through the settings together to make sure your kids understand each one. Also, explain that passwords are there to protect them against things like identity theft and should never be shared with anyone (even a boyfriend, girlfriend, or best friend).
- Don't "friend" strangers. "If you don't know them, don't friend them." This is a plain, simple and safe rule of thumb.

Help your children understand that everything you see or hear is not true. Just because it is in print and/or on a screen, doesn't mean it is real. Help them identify the difference between fiction and non-fiction. Thank you for helping our students navigate the internet. Together, we can give our children the tools they need to be healthy, happy, and positive.

CMAS TESTING

When we return from Spring Break, **3rd through 5th grade** will be taking the CMAS (Colorado Measures of Academic Success) assessment. This is an important assessment because it helps our students develop test-taking strategies that will eventually prepare them to be successful on the ACT and SAT in high school (really any test they take). This assessment is based on our state standards, and it help us make sure we are teaching what we should be addressing in our K-5 academic program. It is important to normalize the anxiety our students may feel when getting ready for these types of assessments. A little anxiety is our body's way of helping us focus. Together, we can make sure our students are prepared to do their best. We can help them raise their confidence and reinforce our lessons of perseverance and resilience.

2023-2024 CMAS TESTING SCHEDULE

Please mark your calendars for the following testing dates. It is very important that ALL students be present for CMAS testing. The process of taking high-stakes assessments will be a tremendous benefit for students as they prepare to be successful in middle school and high school. Please plan accordingly.

English Language Arts (ELA)

3rd grade	April 2, 3, 4	8:30-10:30 am
4th grade	April 2, 3, 4	8-10 am
5th grade	April 9, 10, 11	8-10 am
Math		
3rd grade	April 9, 10, 11	8:30-10:30 am
4th grade	April 16, 17, 18	8-10 am
5th grade	April 16, 17, 18	8:30-10:30 am
Science		
5th grade	April 23, 24, 25	8-10 am

Attendance

Attendance letters will be coming home for the second trimester. Our school goal is a 96% attendance rate. If you have six or more absences or tardies, you will be receiving a letter. This letter is to let you know how many days of instruction your student has missed so you can keep track. Thank you for planning vacations and appointments on non-school days. This is important because you never know when an illness may affect your family.

Lastly, a big thank you to our Festival of Nations committee and all the families that attended this Altitude signature event! Thank you for celebrating the cultures and traditions of our families. This is why Altitude, and our school community, is an amazing place for our students to learn and grow.

Events Snapshot:

March 1, 4-6: Scholastic Book Fair

March 4-7: Parent/Teacher Conferences

March 7 and 8: NO SCHOOL (Non Contact Days)

March 11-15: CCSD Reads Week

March 11-15: Rock Shop

March 18-22: NO SCHOOL Spring Break





The Altitude Elementary Robotics team competed at the fourth annual CCSD RoboCon this past Saturday!

Moose Nation was represented by 11 students that have been working the last four months to prepare for competition in the VEX Full Volume Challenge.

They competed against 90 teams from 25 elementary and middle schools, and performed A-Moose-ingly! Big thanks to everybody that came out to support us, and especially to our three parent coaches:

Renee Jones, Nathanial Lyon, and Aaron Medina.





Jace Hanagriff, Logan Liermann, Jackson Derrick, Emmett Lyon, Max Hansen, David Wiederstein, Bennett McKeel, Vishwak Seelam, Joel Medina, Brevyn Pegues, Asa Jones



SAVE THE DATE!

SUNDAY, MAY 5TH, 2024

MORE INFO COMING SOON!



ALTITUDE IA CLUBS

Tuesday Clubs 7-7:45 am - March 26, April 2, 9, 16, 23 Thursday Clubs 2:45-3:30 pm March 28, April 4, 11, 18, 25

There will be a \$25 club fee



Geography Club Mrs. Berger-GC Room Kindle/First Grade---Thursdays PM

Want more chances to use maps, globes and all the cool worldly things in Mrs. Berger's room? Come explore the world through play, songs and oames.

<u>Cartooning Club</u> Mr. Hay-Art Room 1st - 3rd Grades - Thursdays PM



Want to learn how to draw like a pro? Join Cartooning Club every Thursday after school to learn skills and tricks that will have you drawing like your favorite animators. Let's get creating!



Moving Moose Fit Club Mr. Mundy-Gym 2nd-5th Grades - Tuesdays AM

Start your day off right with some exercise!

Join Mr. Mundy for some running, cardio, strength
and agility. Build your muscles and your brain! Be
sure to bring tennis shoes, water bottle, some
muscles and a positive attitude.

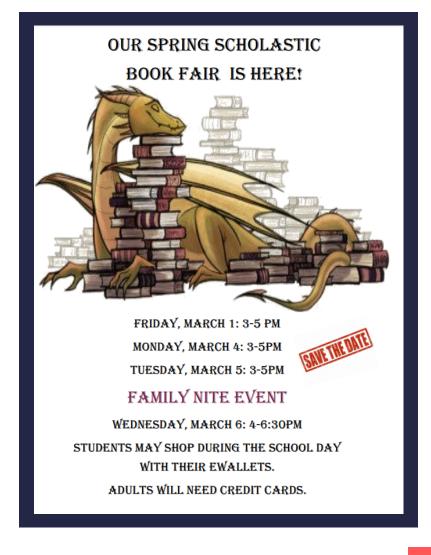


Robotics Club Mr. Remien-Maker Garage 3rd - 5th Grades - Thursdays PM

Interested in exploring the world or robotics? Join the robotics club and test your skills with programming, bot wars, and previewing next year's robotic team challenges.

Fill out registration online at this <u>link</u> between Friday Feb 23 and Tuesday March 5 You will receive notification and a RevTrak link to pay if your student was selected by March 12





Need an ewallet?
Click HERE for more info!

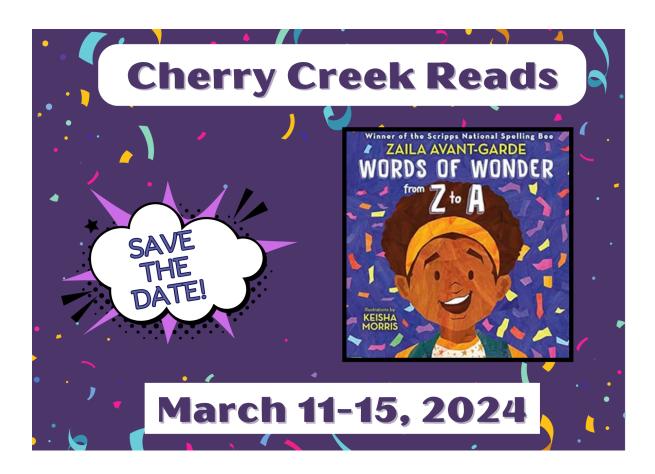


JOIN US FOR OUR DRAGON'S LAIR BOOK FAIR FAMILY NITE!

WHEN: WEDNESDAY, MARCH 6 TIME: 4-6:30PM

SHOP THE FAIR (IT'S NOT HOARDING IF IT'S BOOKS), TEST YOUR METTLE AT GAMES, SHOW YOUR SKILLS AT CRAFTING, TRY YOUR LUCK AT THE RAFFLES, AND QUEST FOR SCAVENGER HUNT PRIZES!

THE GRADE WITH THE HIGHEST ATTENDANCE WINS A DRAGONS VS. KNIGHTS DODGEBALL GAME!



Monday

Word Shirt Day

Wear a shirt with a word(s) on it. Watch the video of Zaila reading her book out loud.

Color your class word and hang it in a prominent place.

Talk about what the word means to you.

Read for 13 min.



Tuesday

Books and Basketball Day



Wear your favorite basketball team jersey or shirt. Watch the video of Zaila dribbling 6 basketballs at one time.

At recess, try shooting some baskets or dribbling.

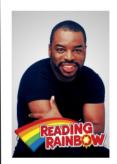
Wednesday

Reading Rainbow Day

Watch the slideshow of World Records set by kids.

Talk about books or people who inspire you.

Read for 13 min.



Thursday

Word Search

Day



Look for your class word while walking through the main hall.
See how many other words you can find.

Read for 13 min.

Friday

Book Character Dress Up Day

Dress as your favorite character from a book.

Read for 15min.











Want to get great community exposure and support an epic community event?

Become a 2024 Moose Mudder Sponsor!

The ALT Elementary School PTCO will be hosting their 4th annual Mudder 5K and Fun Run on Sunday, May 5th! Put your business logo on the race day t-shirts, add your swag to the race day bags, and set up your tent to mingle with the racers and spectators on race day!

\$100 for a large logo \$50 for a small logo

Contact fundraising@altitudeptco.com to secure your spot today!



Save The Date!!

What: Kindergarten Orientation

<u>Who</u>: Incoming Kindergartners and their parents (no siblings, please)

When: April 23rd, at 6:30pm

Where: In the Altitude gym





Hey Altitude Families! Kids Heart Challenge (KHC) is going on NOW! Thank you to everyone who has joined our team of lifesavers, completed Finn's Mission to learn Hands-Only CPR, and gained a forever skill that will keep our school, community and families safer.

If you haven't signed up yet, with just 3 simple steps you can get started today:

DOWNLOAD THE FREE AHA SCHOOLS APP. It makes fundraising easy. You can even use it to scan checks. Or register online:

http://www2.heart.org/goto/AltitudeElementary

Download on the Apple App Store Get it on Google Play

SEND 10 emails, ecards, or texts to family and friends and share the message of heart health from your Headquarters.

CONNECT TO SOCIAL MEDIA for a quick and easy way to reach friends and family. You'll also be one step closer to completing Finn's Mission!

Any students who registers and gets one new donation by Sunday night will get entered to win an avocado warmie! Winner will be announced on Monday!

The American Heart Association is excited to extend our work with the NFL to support improving health outcomes at home and beyond through the Hands-Only CPR education. Students that complete Finn's Mission will earn an entry for two tickets to Super Bowl LIX in 2025 and our school will be entered to receive a \$10,000 fitness equipment makeover for every 18 students who complete Finn's Mission.

Thank you for working to keep your mind and heart healthy!

Thank you for helping Altitude and its community in all the many ways that you do! From Cherokee Trail's Make-A-Wish/ Altitude Elementary's Quarters for Kids, to donating household items for the CCSD school-based resource pantry, we always appreciate your support!







March 14, 2024 9:30-11:30 @ SARC Building

You Are Invited: Special Education Advisory Committee (SEAC):

State of the District Presentation & Inclusive Post Graduate Opportunities

District Leadership will present the State of the District followed by presentations from DVR, IN! Colorado & Uniquely Abeled Academy. Who: CCSD
parents, guardians,
and caregivers who
have children on
IEPs and 504s

When: Thursday, March 14, 2024 9:30-11:30 a.m.

<u>Where</u>: SARC Building 14188 E. Briarwood Avenue Centennial, CO 80112

Upcoming Events:

April 11, 2024 Golden Heart Awards *No Monthly Meeting

May 9, 2024 9:30-11:30am @ SARC Building

SPECIAL EDUCATION ADVISORY COMMITTEE (SEAC)

Alissa Beck 720.886.7047 abeck5@cherrycreekschools.org

CCSD Dyslexia Community Group

Are you the parent of a struggling reader or student with Dyslexia?

Come and join us at our Spring Speaker Series!

9:30 - 11:00

FEBRUARY 2ND - WHAT IS MULTI-SENSORY INSTRUCTION & HOW DOES IT BENEFIT MY STRUGGLING READER?

PRESENTATION BY LESLIE KESSON, ORTON GILLINGHAM
INTERNATIONAL
CCSD - FREMONT BUILDING
14603 E FREMONT AVE, CENTENNIAL, CO 80112

FEBRUARY 23RD - LITERACY INSTRUCTION IN CCSD

PRESENTATION BY LOIS VAUGH, DENISE HUBER & TAMARA FRENCH - CCSD LITERACY PARTNERS

ALISSA BECK, CCSD MODERATE NEEDS LIAISON

CCSD - STUDENT ACHIEVEMENT RESOURCE CENTER (14188 E

BRIARWOOD AVE, CENTENNIAL, CO 80112)

<u>APRIL 19TH</u> - TWICE EXCEPTIONAL LEARNERS & DYSLEXIA

PRESENTATION BY REBECCA LOPEZ - DIRECTOR OF GIFTED &
TALENTED SERVICES
NANNETTE ALMON - ASSISTANT DIRECTOR OF GIFTED & TALENTED

SERVICES
CCSD - STUDENT ACHIEVEMENT RESOURCE CENTER
(14188 E BRIARWOOD AVE, CENTENNIAL, CO 80112)

Questions? CCSD Contact: Alissa Beck (720) 886-7047 / abeck5@cherrycreekschools.org

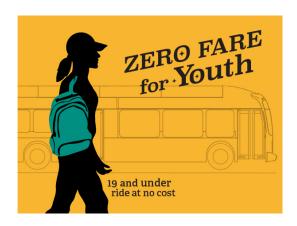




Calling all dads, grandads, uncles, and other male father-figures interested in volunteering!

Please click <u>HERE</u> to fill out CCSD's volunteer application (if you haven't already). This must be filled out each year by our volunteers.

Please click <u>HERE</u> to sign-up to be a WatchDOGS volunteer!



FROM SEPTEMBER 1, 2023 THROUGH AUGUST 31, 2024, YOUTH 19 AND UNDER CAN JUST HOP ON BOARD *

RTD is excited to welcome a future generation of transit users to experience all the benefits at no cost.

Zero Fare for Youth is a one-year pilot program that aims to enhance the lives of RTD customers and communities by reducing transportation costs for families.

By inviting youth ages 19 and under to ride the bus and train at no cost, we also remove barriers to education and employment, while creating access to destinations across the metro Denver region. If you're new to our system, check out our How to Ride video.

*What Do I Need to Show When I Ride?

To ride at no cost as part of this program, you must be prepared to show one of the following to the bus operator or fare inspector: current school ID, valid government-issued ID, alien registration/permanent resident card, Military ID/dependent card with DOB, RTD-issued youth special discount card.



Click HERE for more information!

Click HERE to Purchase Altitude Spiritwear!

SPIRITWEAR WEEKLY AD VALID MARCH 1 - 7, 2024

Gildan Long Sleeves
#2400 & 5400B







Tri Blend Short Sleeves #3066, 3065, 3067

1006FF







English:

Please contact Heather McDonnell at hmcdonnell2@cherrycreekschools.org for support with this resource in your language.

Amharic: እነዝህን መረጃዎችን በተመለከተ በቋንቋዎ ዕገዛን ለማግኘት ከፈለጉ እባክዎን ተሊሌን በዝህ እሜይል ያግኙዋት thirpa@cherrycreekschools.org.

Arabic:

أ<u>و org.cherrycreekschools@jsebbahi يرجى االتصال بـ)جميعة صباحي أو جاودة العلمي(على)</u> .للحصول على الدعم مع هذا المورد باللغة العربية <u>org.cherrycreekschools@jdajanialami</u>

Chinese:

如有需要,<u>请经由 ctaylor9@cherrycreekschools.org</u> 与凯瑟琳•泰勒联系,以您的语言获得此资 源 的支持。

Hindi:

अपनी भाषा में इस संसाधन के समर्नथ के लिए कृपया जेम्स रसाइथि को jrasaily@cherrycreekschools.org पर संपंक्ष करें।

Korean:

귀하의 언어로 이 자원에 대한 지원을 원하시면 (리아 리) 에게 (llee6@cherrycreekschools.org) 로 문의 하십시오.

Nepali:

कृपया जेम्स रसाइिंथीाइथ jrasaily@cherrycreekschools.org मा तपाइथको भाषामा यो संसाधनको सहयोगको िागी सम्पक्तथ गननहथ िा।

Russian:

Пожалуйста, обращайтесь к Ларисе Бака по адресу: lbaca3@cherrycreekschools.org для получения поддержки с помощью этого ресурса на своём языке.

Somali:

Fadlan la xiriir Omar Nur cinwaanka emaylka onur2@cherrycreekschools.org si aad u hesho macluumaad ku qoran luqadaada.

<u>Spanish:</u> Si necesita ayuda con este recurso en su idioma, póngase en contacto con Ilse Chavez Maldonado en ichavezmaldonado@cherrycreekschools.org, Rosa Han en rhan4@cherrycreekschools.org, Helena Gognat en hgognat@cherrycreekschools.org o Monica Pantoja en mpantoja@cherrycreekschools.org.

Vui lòng liên hệ với Thuý Ngọc tại Lchung2@cherrycreekschools.org để được hỗ trợ về tài nguyên này bằng tiếng Việt.